



COURSE OUTLINE: NSG105 - CMLPX CHRONIC HLTH

Prepared: LPILON

Approved: Bob Chapman, Chair, Health

| | |
|--|--|
| Course Code: Title | NSG105: COMPLEX CHRONIC HLTH ISSUES AND ELDERLY |
| Program Number: Name | 3043: PROF. NRS. PRACTICE |
| Department: | PRACTICAL NURSING |
| Academic Year: | 2022-2023 |
| Course Description: | This course will focus on the nursing care and well-being of the elderly with complex chronic illnesses. Students will examine the importance of the continuity of care between healthcare agencies and home, as well as community resources that are available to assist the elderly. The most common medications will be reviewed. |
| Total Credits: | 2 |
| Hours/Week: | 2 |
| Total Hours: | 30 |
| Prerequisites: | There are no pre-requisites for this course. |
| Corequisites: | There are no co-requisites for this course. |
| Vocational Learning Outcomes (VLO's) addressed in this course: | 3043 - PROF. NRS. PRACTICE |
| Please refer to program web page for a complete listing of program outcomes where applicable. | VLO 2 Uphold the principles of accountability, diversity, equity and dignity in the care of Canadian seniors and their families through the examination of the role of the registered nurse. |
| | VLO 4 Promote person- and family-centered care and strengthen interprofessional collaborative practice to meet the therapeutic needs of those affected by chronic illness, multiple comorbidities and/or life-limiting illness in clinical, and real-life environments. |
| | VLO 5 Differentiate between normal age-related changes and pathological changes in the older adult to support the promotion of healthy aging and disease prevention. |
| | VLO 6 Comply with legislation and regulations governing nursing practice within the Canadian health care system in order to provide for safety and security needs. |
| | VLO 7 Conduct comprehensive geriatric assessments to design individualized plans of care. |
| | EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience. |
| | EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication. |
| EES 3 Execute mathematical operations accurately. | |
| EES 4 Apply a systematic approach to solve problems. | |
| EES 5 Use a variety of thinking skills to anticipate and solve problems. | |
| Essential Employability Skills (EES) addressed in this course: | |



- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 50%,

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Books and Required Resources:

Ebersole and Hess` Gerontological Nursing and Healthy Aging by Touhy
 Publisher: Elsevier Edition: 3rd
 ISBN: 9780323778749

Canadian Fundamentals of Nursing by Potter
 Publisher: Elsevier Edition: 6th
 ISBN: 9781771721134

Canadian Clinical Nursing Skills and Techniques by Perry
 Publisher: Elsevier Edition: 1st
 ISBN: 9781771722094

Course Outcomes and Learning Objectives:

| Course Outcome 1 | Learning Objectives for Course Outcome 1 |
|---|--|
| 1. Students will examine the impact of chronic illness on elderly clients and discuss the concept of wellness in chronic illness. | 1.1 Compare states of acute illness and chronic illness in elderly populations. 1.2 Detail what wellness might mean for an elder experiencing chronic illness. 1.3 Identify the factors that might impact the elder experiencing chronic illness. |
| Course Outcome 2 | Learning Objectives for Course Outcome 2 |
| 2. Students will identify and discuss the range of resources required to manage care of the elderly with chronic illness. | 2.1 Examine the potential changes related to chronic care faced by elderly clients and their families. 2.2 Compare the living options available regarding potential advantages and disadvantages for the elderly and their families. 2.3 Identify and describe strategies to assist the transition from independence to assisted or dependent living situations. |
| Course Outcome 3 | Learning Objectives for Course Outcome 3 |
| 3. Students will comprehend the implications of medication use by elderly clients in the management of chronic illness. | 3.1 Explain the relationship between natural aging and the potential impact it has on medication absorption (Pharmacokinetics). 3.2 Identify medication issues that may compromise the health of the elderly. |



3.3 Recognize common medications that may cause cognitive impairment for the elderly.
3.4 Review and explain the nurse's role in relation to medication administration and monitoring the elderly client.

Date:

August 3, 2022

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

